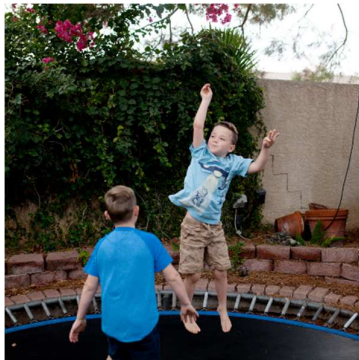


Gross Motor Skills Activity Ideas

Jump on the trampoline



Bike riding, tricycles, scooters



Do things while balancing on one foot



Climb over and under things (make an obstacle course with string or ribbon)



Dancing – follow [YouTube dances](#)



Chalk out your own hopscotch game and have a family competition

