



Social Story

Updated January 2024 V1

**Australia Day Event at
Waves Fitness and Aquatic Centre
26th January, 2024 @ 10am - 3pm**
Waves Fitness and Aquatic Centre
44 Mileham Avenue, Baulkham Hills, NSW



THE HILLS
Sydney's Garden Shire

Guidelines



THE HILLS
Sydney's Garden Shire

Thank you for choosing to use a Social Story written for the Australia Day event at Waves Fitness and Aquatic Centre, 26th January, 2024.

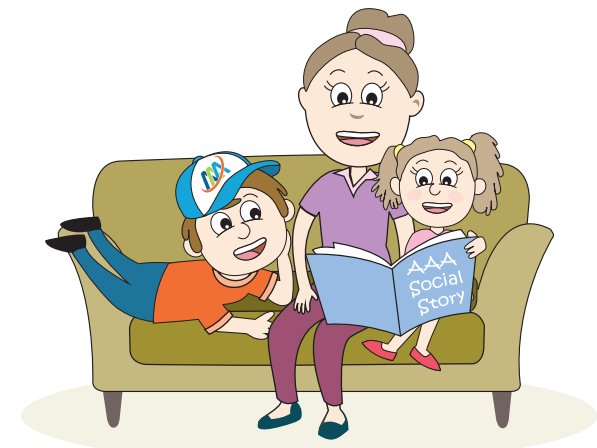
This Social Story is written by Access Ability Australia and is suited for a person who may live with autism spectrum disorder, a language disorder, social communication difficulties and/or a cognitive delay/disability.

For your Social Story to be successful, we recommend you follow these guidelines.

- Read Social Story often and preferably two weeks in advance of visit.
- Social Story to be read and shared in an environment free of distractions.
- Be calm, comfortable and honest when reading a Social Story.
- Help the participant comprehend key points and consistently monitor for level of understanding.
- Once the visit has taken place, revisit the Social Story to celebrate success.

	Access Ability Australia	AAA Social Stories are designed and developed by Access Ability Australia . To view the full range of free Social Stories available, go to AAA Library .	Please complete our short feedback form to help us ensure continuous improvement.
--	---	--	---

© Access Ability Australia, All Rights Reserved. 2023 DISCLAIMER: All materials have been compiled from information available at time of production. They are not intended to replace professional advice including; but not limited to, access audits. All necessary care has been taken to design and produce Work(s). All measurements provided are within an approximate range. Full implementation guidelines are supplied in accordance with Work(s) in its entirety. You acknowledge and agree that you are using all services and facilities provided by Access Ability Australia at your own risk and you agree to defend, indemnify, save and hold Access Ability Australia harmless from any and all demands, liabilities, costs, losses and claims, howsoever suffered, including but not limited to legal fees that may arise directly or indirectly from any service provided or agreed to be provided by Access Ability Australia. You agree that this indemnification extends to all aspects of the Work(s), including but not limited to implementation and usage. Access Ability Australia are indemnified of all claims, liability, and expenses that may arise from use of Work(s) as per usage and acceptance of these terms and conditions. Access Ability Australia's resources/products are not to be altered by any parties without express permission of Access Ability Australia.



Accessibility



THE HILLS
Sydney's Garden Shire

- Accessible parking in basement carpark. Lift available from basement carpark to ground floor entry.
- Adult change facility with motorised change bench and hoist on-site. MLAK available from lifeguards.
- Accessible and ambulant toilets throughout the centre.
- Ramp access to indoor program pool and outdoor 25m and 50m pools.
- 2 aquatic wet chairs available.
- Portable pool hoist available for the indoor pools and 25 metre outdoor pool. The hoist attachments include a sling and seat attachment. A wet chair can be attached to lift a person into and out of pool water.
- Centre is wheelchair accessible between indoor and outdoor areas.
- Accessible fitness equipment available.



- Fitness Centre with Wi-Fi Assistive Listening System. Please ask at reception for a receiver.
- Lockers available at a lower level, allowing access for wheelchair users.
- Signage with Braille.

I am going to an Australia Day event at Waves Fitness and Aquatic Centre.

It is on Friday, 26th January 2024.

This event is for people to come together to celebrate Australia Day.



In my swimming bag there will be my bathers and a towel.

My bag might also have goggles, sunscreen, a hat and ear plugs or headphones.



When I arrive, I will see staff at the reception desk.

Staff can show me where the pools are.

There are both indoor and outdoor pools.



I might see other people swimming and playing in the pools.

I might see lifeguards wearing a bright yellow and red uniform.

Lifeguards help make sure that everybody is safe in the pools.



I can go to the changing area.

The changing area is used to get dressed for swimming.

There are also toilets in the changing area.



There will be lots of fun activities on the day including:

- an inflatable obstacle course in the 50-metre pool
- a sausage sizzle
- roving performers including lifeguards in costumes and a bubble blower
- a DJ playing music in the outdoor pool area
- an outdoor waterplay splash pad.



I will try to wait patiently in line for my turn on the obstacle course and sausage sizzle stall.

Waiting my turn is the fair thing to do.



It is important to walk in the pool area. Not run.

Walking will help to keep me safe.

It is important that I listen to the lifeguard's instructions.



It might feel very busy and noisy at the centre.

There might be lots of people and sounds including:

- music from the DJ
- people swimming and playing in the pools
- water splashing.



I can wear my ear plugs or headphones to help with the noise.

I can take some deep breaths.



I might smell the sausages cooking.

I can move away from the sausage sizzle if
the smell is too strong.



When I have finished swimming, I can use the change room to get dry and dressed.

I can choose to have a shower in the change room.

Or I can choose to put on my clothes and have a shower at home.



Waves Fitness and Aquatic Centre is a wonderful place to celebrate Australia Day!





Contacts

Waves Fitness and Aquatic Centre

44 Mileham Avenue,

Baulkham Hills, NSW

Phone 02 8848 6789

www.wavesfitnessandaquatic.com.au

The Hills Shire Council

Phone 02 9843 0555

www.thehills.nsw.gov.au



THE HILLS
Sydney's Garden Shire