



A visit to



NOBLE PARK
COMMUNITY CENTRE

Social Story

Updated September 2024 V1.0



ACKNOWLEDGEMENT

Noble Park Community Centre acknowledges the Bunurong people of the Kulin Nation, as the Traditional Custodians of the lands and waters now named City of Greater Dandenong. We pay respect to their Elders past and present. We recognise and respect their continuing connections to climate, culture, country and waterways as a proud part of a shared identity for our area.

Accessibility

Main Building:

- Five accessible parking bays close to entrance.
- General parking onsite. No restrictions.
- Concrete ground surface from accessible parking bays to entry doors.
- Flat entry into buildings.
- Entry to building is through glass, automated sliding doors. Leads to foyer. Followed by two sets of manual double doors, which remain open during opening hours.
- Reception counter/window at an accessible height for wheelchair users.
- Communication Board at reception.
- Hearing loop available.
- Sound cancelling headphones available.
- Wayfinding signage.
- Stage in basketball court with stepped access only.
- Centre ground surface – concrete, carpet and lacquered wood (basketball court).

- Accessible toilets.
- Male and female toilets.
- Baby change facilities within accessible toilets.
- Community Centre internal rooms with manual doors that you push open.
- Variety of furniture, including tables and chairs, some with back and armrests.
- Quiet space available outside, within garden areas.
- Free Wi-Fi available. Speak to staff for login details.
- Accessible specific programs and activities available at the centre including an all-abilities art group, accessible gardening, photography classes and gentle exercise classes.
- Program/activity booking done online, over phone or in person.
- Accessible garden with vegetable pods at 800mm AFFL, accessible for wheelchair users.
- Accessible garden with adjustable height workbench.

- Centre is located within Ross Reserve – facilities at Ross Reserve include Changing Places, accessible toilets, playground (with a liberty swing), gymnasium, Noble Park Aquatic Centre, football ground, sports stadium, barbecues, undercover seating area and skate park.

Second building (Multipurpose Room and Kitchenette):

- Entry doors - manual, glass entry doors that you pull out to open.
- Floor surface – wooden flooring.
- Accessible toilet. Not accessible for electric wheelchair users.
- Male and female toilets.



Sensory Guide

A sensory guide helps people understand what they might feel, hear, see or smell.

It's useful for people who are sensitive to sensory experiences, such as those with autism spectrum disorder or sensory processing disorder.

This guide can be helpful in preparing for new or challenging situations.



At Noble Parki Community Centre, I might:

Feel

- Change in ground surface
- Heating/Cooling
- Portable urn heaters (during some events)
- Shared personal space

Hear

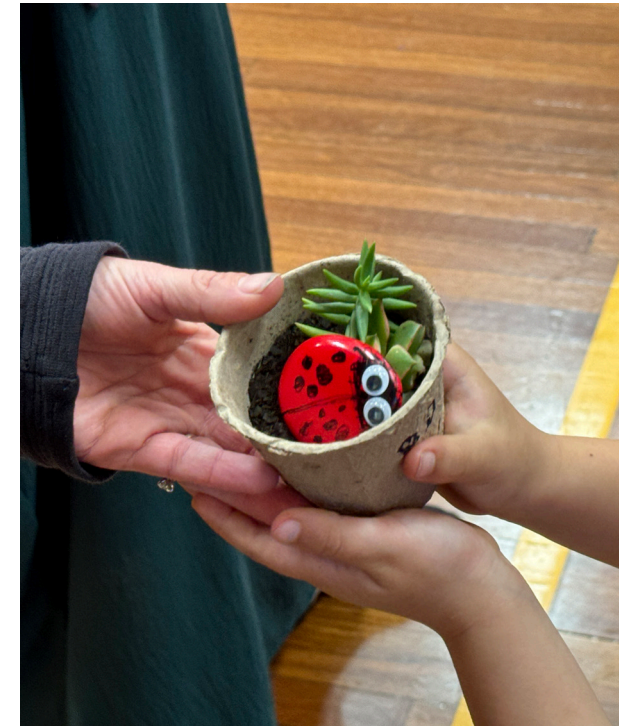
- Announcements (basketball court)
- Applause/Cheer (basketball court)
- Automated doors
- Balls bouncing (basketball court)
- Bells (nearby playground)
- Buzzers (basketball court)
- Children playing (children's activities and nearby playground)
- Counter bell
- Echo (basketball court)
- Heating/Cooling
- Music (during classes)
- Shoes squeaking (basketball court)
- Whistles (basketball court)
- Xylophone (nearby playground)

See

- Bright lights (basketball court)
- Fans moving (summer only)
- Glare
- On screen presentations
- Sporting activities (basketball court)

Smell

- Food/Drink
- Nature (outside)
- Paint (art and craft groups)



Communication Board

Noble Park Community Centre

September 2024 V1

First Aid



Ambulance



Police



Taxi



Bus



Toilet



Changing Places



Tap



Drink



Time



Telephone



No English



Deaf/Hard of hearing



Quiet place



Rest area



Write it down



Computer



Internet



How much?



Activities/Programs



Guidelines

Thank you for choosing to use a Social Story written for Noble Park Community Centre.

This Social Story is suited for a person who may live with autism spectrum disorder, a language disorder, social communication difficulties and/or a cognitive delay/disability.

For your Social Story to be successful, we recommend you follow these guidelines.

- Read Social Story often and preferably two weeks in advance of visit.
- Social Story to be read and shared in an environment free of distractions.
- Be calm, comfortable and honest when reading a Social Story.
- Help the participant comprehend key points and consistently monitor for level of understanding
- Once the visit has taken place, revisit the Social Story to celebrate success.

Noble Park Community Centre hereby acknowledge the support and assistance provided by [Access Ability Australia](#) in helping to prepare this Social Story.

We express our sincere appreciation to Access Ability Australia for their pivotal role in assisting us to highlight our commitment to accessibility and inclusion. Their expertise and support have played a vital role in ensuring that we are welcoming to all individuals in our community.





I am going to visit Noble Park Community Centre.



Noble Park Community Centre is a Neighbourhood House.

It is a place where I can get involved in community activities and programs, learn new skills and meet new people.



Noble Park Community Centre is located within Ross Reserve.

It is open from 9:30am to 3pm, Monday to Friday.



People who work at the centre are called staff.

I can find staff in the office, near the main entry doors.

Staff wear name tags.

Staff can answer questions I may have.

WHAT'S ON AT...



NOBLE PARK
COMMUNITY CENTRE

The bulletin board displays a wide variety of community programs and activities. Key offerings include:

- Kids Art Class:** Mondays or Wednesdays, 4:30pm-6pm.
- Yoga:** Tuesdays, 9:30am-10:30am.
- Crochet:** Mondays, 11am-1pm.
- Qigong Tai Chi:** Mondays 11:55am-12pm, Saturdays 14:55pm-12pm.
- Ramblers Walking Group:** Tuesdays 9:00am-11:00am, \$10 ANNUALLY.
- Drawing Classes:** Wednesdays or Thursdays, 7pm-9pm.
- Photography:** Fridays 8:30am-12pm.
- Meditation for Happiness:** A 12-week course on Fridays, 10:30am-11:30am.
- Walks for Carers:** 5th Thursday of the Month, 10:30am-12pm, Cost: FREE.
- Molica Silk My Half Brain:** A 12-week course on Wednesdays, 10:30am-11:30am.
- Drop-In Basketball:** Wednesdays, 7:30pm-9:00pm.
- Gentle Exercise:** Wednesdays, 10:30am-11:30am.
- Knitting:** Tuesdays, 10AM-12PM.
- All Abilities Art & Craft:** Fridays, 5:30pm-7:30pm.
- Garden Club:** Fridays, 9AM-11AM.
- Digital Essentials Course:** Mondays, 10AM-12PM.
- Playgroup:** Mondays, 9:30am-11:30am.
- Creative Wellness for Women:** Mondays, 7:30am-10:30am.
- Thursdays 11am-1pm Craft:** Thursdays, 11am-1pm.
- Barminton:** Mondays, 7:30pm-9:30pm.
- Tai Chi:** Fridays, 10AM-11AM.
- Gardening for All Abilities:** Tuesdays, 1PM-3PM.
- Creative Wellness for Men:** Wednesdays, 7:00pm-8:30pm.
- Community Tech Support:** Thursdays, 4:30pm-6:30pm.
- Teens:** Thursdays, 4:30pm-6:30pm.
- Home Grown Swap:** Fridays, 10:30am-11:30am.
- Drawing Classes for Kids:** Mondays, Tuesdays, or Wednesdays, 6:30pm-8:30pm.
- Servants Reaching Out Community Lunch:** Tuesdays, 11am-1pm.
- Sustainability Saturdays:** Saturdays, 10:30am-12:30pm.

The centre runs programs and activities.

Joining a program or activity is a great way for me to meet new people and learn new skills.



The types of programs or activities I might like are:

- arts and crafts
 - children's activities
 - community activities
 - education and training
 - health and wellbeing activities
 - recreation activities
 - social groups.
- I can find out more [online](#).



There are two buildings at Noble Park Community Centre.

Programs and activities happen in both buildings.

Staff can tell me which building and room to go to.



The main building includes:

- three rooms, used for activities and programs
- a commercial kitchen, used for cooking programs
- a large basketball court, used for games and community events and programs.
- a foyer area with furniture and a kitchenette, used for relaxing and talking to people.



The second building is smaller and includes:

- a multipurpose room, used for activities and programs
- a kitchen.



There are toilets in both buildings.

A staff member can show me where they are.



There are two gardens, including an accessible garden, outside the main building.

Gardening programs happen here.



The centre supports community members who may be going through a difficult time.

“Servants of the two hearts and Reaching out because we can” provide meals, groceries and other support to people every Tuesday in the basketball court from 11am to 1pm.

For more information, I can call Noble Park Community Centre on (03) 9547 5801 and ask to speak to the manager.



The centre is a friendly and safe place to visit.

This makes it helpful for people to relax and enjoy their time.

I do not need to make an appointment to visit the centre.

I am welcome to make a cup of tea or coffee at the kitchenette and talk to staff and other people who are visiting the centre.



The centre has rooms for hire.

The rooms can be hired for private events like parties or for professional events like meetings.

I can go online for more information.



The centre holds events during the year, including:

- the biggest morning tea
- a community art show
- exhibition openings.

I can go online to learn more.



Sometimes there might be lots of people at the centre.

I might hear music.

I might hear children playing.

Sometimes the sounds might be too loud for me.



I can wear my headphones or ear plugs to help with the noise.

I can go outside to one of the gardens for some quiet time.

I can ask a staff member if there is a quiet space to relax.





When at the centre, it is important that I respect others by speaking nicely to people.



Noble Park Community Centre is a great place to meet new people and get involved in community programs and activities.



CONTACTS

Noble Park Community Centre
Ross Reserve
44 Memorial Drive
Noble Park VIC 3174

Phone: 03 9547 5801

www.nobleparkcommunitycentre.org.au



NOBLE PARK
COMMUNITY CENTRE